



# Quad-Cities Unity Church of Christianity



**Newsletter  
OCTOBER  
2010**



Dear Friends!

**HAPPY OCTOBER TO ALL!!** Have you noticed the cooler nights? By the time you receive this, autumn will be here!! I have been told by friends

who have been visiting in Minnesota that the leaves are already turning up there. So, it will soon be happening here!! Also, I noticed that harvesting has started. Farmers are getting the corn out! It looks to my inexperienced eyes like it will be a **GREAT HARVEST!!** Please join me in "knowing" this for them so we can help them have another prosperous year.

The Power for the month is **ZEAL!!** As you probably know, this is one of my very favorite ones!! Zeal is inner enthusiasm and it can help us bring God's right and perfect answers into every part of our lives!!

The affirmation that I always recommend (and use) for zeal is:

**I AM ENTHUSIASTIC ABOUT LIFE AND  
LIFE IS ENTHUSIASTIC ABOUT ME!!**

Try working with this every day of the month and notice that your life **WILL** get better and better and better!!

In addition to our regular services, which I think are **ALWAYS** special, we have two **VERY** special Sundays scheduled for October. First on Oct. 3, we have our friend Sharon Bousquet back to do special music for us during the Sunday Service and then, after our first of the month potluck, she will do a concert in the afternoon. Her concert is titled, "How Spirit Sings" based on her new CD that will be available as well. On Oct. 24, we have **DREAMING BEAR** from Hawaii in to do the Sunday Lesson and Special Music and he will do a "PlayShop" after our special Potluck. This will be a very valuable session! Dreaming Bear, has been singing and teaching all over the world, including other Unity and other New thought churches. It will also be **GREAT FUN!!**

Alice Rice is starting a new class on Oct. 13, "The Creative Process," that can be taken for 10 credits in the Unity SEE program that is available to all who wish to grow in Unity for personal or professional reasons. It will run for five weeks.

We are planning a YE Dept. Halloween Pumpkin Carving Session and are looking for someone to lead this. Please contact me if you would like to help with this.

Our new Music Circle is meeting on the 2nd Saturday of each month until the end of the year at 1 PM. This is **GREAT** fun! Please plan to join us. Bring your drums, rattles, shakers, any kind of instrument you want, or we will have extras for you!! Also, they will provide Special Music for us at our Sunday service on October 10. You will also be welcome to participate in this.

Please join us for any or all of the above!!

Many Blessings to ALL!!

Rev. Dean

## **YARD SALE A SUCCESS!!**

**In Spite of rain for much of the morning on Saturday, Sept. 18, our annual Yard Sale was very successful!! We cleared \$585 on Saturday and then collected another \$35 on Sunday morning for a total profit of \$620!!**

**We owe a GREAT BIG THANK YOU to everyone who participated in any part of the event!.**

**Bringing in merchandise,  
Helping to price and sort  
Helping to set up and take down  
Selling, collecting money, acting as "clerks"  
Posting advertising signs  
And other activities**

**Leaders this year were Pat McLaughlin  
Barb Runge and Sandi Conrad!!  
MANY MANY MANY THANKS TO ALL!!**

## UNITY EVENTS

### HEALING ARTS DISCUSSION

We are continuing to invite healing arts professionals to speak to the congregation after church on Sundays when time is available. If you or someone you know would like to share their specialty, please let us know.

### Sunday Morning Cinema

Join us each 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Sunday morning from 9:45 until 10:15 AM for a spiritual video. This month we will be showing our August Spiritual Cinema selection, "Dalai Lama Renaissance."

**Sunday Morning Meditation** Our Sunday Meditation program meets throughout the year on the 2nd and 4th Sundays of the month from 9:45 until 10:15. No experience in meditation or ongoing commitment is required to participate. Those who wish to lead one or more of the sessions are welcome to contact me. Everyone is welcome! Alice Rice, Coordinator

### Spiritual Cinema Weekend October 22 and 23 6:45 PM

We will show *The Celestine Prophecy*, an action-adventure adaptation of the hit novel by James Redfield, a film that moves so swiftly it can be difficult at times to absorb the New Age philosophy tucked into Redfield's multiple Insights. Matthew Settle plays an American history teacher who travels to Peru to look into the discovery of an ancient manuscript that foretells the arrival of a new spirituality. The Peruvian government and Catholic church, threatened by something that might supplant traditional religion and mainstream values, harass and arrest the scientists and enlightened souls who discovered the manuscript. Our hero becomes involved in a dangerous effort to keep the document from official hands; along the way, he's introduced to the prophecy's major principles, which arouse his dormant spiritual abilities. Annabeth Gish, Hector Elizondo, and Jurgen Prochnow are a welcome presence in this light and casually engaging work that requires repeat viewings to fully hear its interesting message. --Tom Keogh

### LUNCH BUNCH - OCTOBER 17 AFTER CHURCH!!

YOU are welcome to join us!! Please see Sandi Conrad, Adult of Unity Coordinator!! WE also are considering some dances and music performances. Please watch our Unity website for more info on these.

### NEW WEBSITE at [www.unityqc.org](http://www.unityqc.org)

We have a new website! Please check it out!! It is still a "work in progress", but you are welcome to tell us your opinions!

## "EXCUSES BE GONE"

### OCTOBER BOOK SERIES

In October, Rev. Dean will do a three-part series on Sunday mornings that will be based on the book, "*EXCUSES BE GONE*" by Wayne Dyer. They will be presented on October 10, October 17 and October 31. Dyer tells us, "*If you're truly serious about changing any long established habits of thought that have led you to use excuses as your rationale for staying the same, then I encourage you to follow the practices presented in these pages.*" Join us for these GREAT techniques that Dyer has established to help us make our lives better!

### BLOOD DRIVE EVENT SCHEDULED

Wednesday, November 10 is the date of our first ever Blood Drive! It will be from 3 PM until 6:30 and all members and friends of Unity are invited to participate. Dinner will be served after the event as well as cookies and other snacks and this will be followed by a workshop on Self-Hypnosis by JT Harms.

This is a great time of the year to give blood because much will be needed over the holidays at the end of the year.

### SELF-HYPNOSIS WORKSHOP

JT Harms, C.Ht.

On Wednesday, November 10, 2010, at 6:30 PM, after our blood donation session, JT Harms, C.Ht. will conduct a workshop on Self-Hypnosis. This will be a wonderful opportunity for donors to let go of the discomfort of the needle-stick and/or worries from giving blood. This will be accomplished easily and peacefully in the donor's unconscious minds.

Those who meditate have a good understanding of the process. As we meditate, we are achieving a state of relaxation. Hypnosis takes that relaxation much deeper. Those who learn this technique will be able to take themselves into a trance-like state on their own. This will lead to less stress, more peace and happier and more harmonious lives because self-hypnosis provides a stress-management technique.

JT will want all who attend to have a wonderful, relaxing location in advance that they will think of in their minds during the workshop.

A sign-up sheet will be available starting in early October. There is no requirement that people who attend the seminar must give blood. It is open to all members of the community on a free-will love offering basis.

We are also looking for people to help advertise this to our neighborhood. We will get more information out as it is received.

## **Bricks and Bundles Project**

By the time that you receive this, our engraved bricks should already be "planted" in the front yard, next to our entrance walk. If not, it means that we were "rained out" or something. We are starting on our new project, "PAVE THE WAY," and you will hear more about this in the not-too- distant future.

## **UNITY GUESTS**

### **Sharon Bousquet is Back OCTOBER 3!**

We are hosting a concert titled "How Spirit Sings". ([www.BeaucoupShakti.com](http://www.BeaucoupShakti.com)) on Sunday, October 3<sup>rd</sup> at 1:00 PM. Beaucoup Shakti, will be performing songs from the newly released CD by the same name. The concert will be offered on a love offering basis. Sharon will also play music at our Sunday service on Oct. 3<sup>rd</sup> at 10:30 AM. A potluck lunch will be served between the service and the concert. For more information call the church at (309) 762-1066 or check our website at [www.unityqc.org](http://www.unityqc.org).

### **DREAMING BEAR "PLAYSHOP" AT UNITY SUNDAY, OCTOBER 24<sup>th</sup>**

**Dreaming Bear**, a well-known New Thought Poet, singer and songwriter will be at Unity in Moline on Sunday, October 24 and this is NOT to be missed. He will do the Sunday service and a very special "**PLAY SHOP**" at 1 PM. People who have viewed his performances in the past have told us, "His wisdom offering was eloquent and accessible. His interactive, playful style was fresh, inspiring and energizing. We loved the way he involved all of us in co-creating a unique experience designed to give each of us an experience of Oneness that went beyond the spoken word. Seeing earth wisdom embodied in our community members as they had fun made me so glad we invited **Dreaming Bear** to visit. This gifted communicator called forth from us a way of seeing and a way of being that felt brand new, exciting and adventurous. Seeing creativity expressed and shared in such a spontaneous way was truly a delight you should not miss."

**Mark Victor Hansen**, Co-Author of the "Chicken Soup" series has written, "**Dreaming Bear** is the best conscious poet on the planet, his love spells magically open the heart!" Watch for more details on this, and be sure and mark your calendars!!

## *The Creative Process*

**New 5-Week Class  
Starting Wednesday, October 13  
6:30 PM – 8:15PM  
Alice Rice, LUT, Facilitator**

Learn how this powerful process can make your life better. In his book, "The Creative Life" ~ 7 Keys to Your Inner Genius ~ Unity Minister, Eric Butterworth tells us that through metaphysical interpretation of the creation stories in Genesis:

***"We will come to see these seven days of creation as a treasure map that holds the seven keys to unlocking your creative genius."***

The Creative Process helps us to grow in consciousness toward a greater outer expression of the Christ that we are. Understanding the Creative Process as it relates to the universe, individual creation and consciousness is a rewarding spiritual study and the opening to greater spiritual growth.

- SEE credit class
- Love offering basis

### ***Non-Unity Materials and Activities***

The primary focus of Unity and the Association of Unity Churches remains and will remain the teaching, living and advancing of Unity's philosophy, which is practical Christianity as understood by Charles and Myrtle Fillmore, cofounders of Unity. Unity Church of Christianity allows a variety of non-Unity books, courses and philosophies to be taught in our facility and we allow non-Unity groups to use our facility. Unity looks for the good in all philosophies and each person is encouraged to study what he/she chooses, according to his/her highest understanding of truth. However, Unity's open-mindedness should not be understood as an endorsement or as a Unity teaching. Unity Church of Christianity is committed to promoting Unity's principles first.

# General Information and Business

## Newsletter Information

Editor in Chief: Rev. Dean Van Wie-(309) 762-1066

Assistant Editor Alice Rice.I LUT

### Ad Rates

\$25 / 1 month

\$110 / 6 months

\$200 / 1 year

Next deadline for submissions:

July 15, 2010

### Submission Guidelines:

Please e-mail information on or before the deadline to:

UNITYQC@aol.com.

Newsletter Online: <http://www.unityqc.org>

### Church Office Hours:

Rev. Dean is available:

Monday –Thursday

11 a.m. until 1 p.m. and 2:30 until 5 p.m.

(309) 762-1066

### Spiritual Counseling:

Spiritual counseling with Rev. Dean Van Wie is available by appointment.

### Inspiration Line

Our 24 hour Inspiration Line is available any time day or night. Call 309-762-1066 and press “3” when prompted to listen to an inspirational message.

### Prayer Requests

You may request prayer support by calling Rev. Dean at the church, a Prayer Team member or by placing a written, confidential prayer request in the prayer box in the sanctuary. Mark the box next to “Let the Prayer Team know right away” for special prayers.

### VISION STATEMENT

We are a spiritual beacon, radiating light and awakening the consciousness of joyful living.

### MISSION STATEMENT

We are a loving, vibrant, spiritual community with a positive influence on the world: providing opportunities that promote Spiritual awareness and healing for all: expressing joy through generosity, commitment and service: demonstrating Unity principles through faith and prayer: and promoting Oneness with all creation.

### CORE VALUES

Our Core Values honor:

Being Christ-focused and Spirit led

Using the power of prayer and meditation

Serving our members and extended community

Expressing abundance consciousness

Nurturing the spiritual evolution of children of all ages and conditions

Maintaining our sacred space

Promoting Truth principles through education and outreach

Recognizing the beauty and Oneness of all life

Affirming the healing and liberating power of Christ consciousness

Acting in integrity in thought, word and deed

## Board News

1. We still have our pews listed on Craig’s List. No calls yet. We are asking \$250 each.
2. Our Patio Brick Project may be completed by the time that you read this. We are planning on installing them on Sunday, Sept. 26. On October 1, we will launch our Pave the Way Campaign to raise money for maintenance of our present building and for establishing a fund to prepare for purchasing a new location. More info will be out on this in the very near future.
3. We have scheduled a Blood Drive for Wednesday, November 10 and are hoping that we can get a large number of our friends, neighbors and congregants to give on that day.
4. Our Gently Used Daily Word Team is establishing a Saturday morning to take old Daily Words around to doctor’s offices, nursing homes, laundromats, etc. Watch for details.
5. We are looking for people to serve on a Kitchen Angel Team to help care for our Unity Café during and after special events. Persons interested should see any Board member.
6. The next Board meeting is scheduled for Tuesday, Oct. 12. Please see any Board member if you have information to be discussed.

### Automatic Withdrawal for Tithes, Love Offerings and

**Contributions Is Available:** We have created an automatic withdrawal system for making contributions to our church. It is very easy to set up. Please see our website, any Board Member, or Rev. Dean if you would like more information.

### CHURCH GOALS

**We thank God for completion of the following activities.**

**Income continues to increase**

**Weekly attendance to Sunday Services continues to increase**

**Two additional teachers and two helpers in our Youth Ministry who are blessed for and by the work they do**

**Resources and people are manifest for the music ministry**

### CHURCH GOAL STATEMENT

**WE SEE GOD’S PLAN OF HARMONY, PROSPERITY, AND PEACE APPEARING NOW FOR OUR CHURCH, OUR BOARD OF TRUSTEES, OUR MEMBERSHIP AND FOR ALL WHO ENTER OUR DOORS.**

### Financial Report

Year to date there have been no capital improvements. Love Offerings totaled \$4,270.24 in August, for a total of \$31,516.62 for the year. Bank account balances, including deposits in transit and outstanding checks, were \$127.55 at the beginning of August and \$644.74 at the end of August, a net increase of \$517.19, reflecting the net operating income mentioned above.

### August Report

<b>Income</b>	<b>\$4,652.37</b>
<b>Expenses</b>	<b>\$4,315</b>
<b>2010 Income to Date</b>	<b>\$35,376.63</b>
<b>2010 Expenses to Date</b>	<b>\$41,692.05</b>

## Volunteer Opportunities

### MUSIC MINISTRY VISIONING TEAM

Patricia Mooney is the leader of this team that has 8 volunteers plus Rev. Dean. If you would like to be a part of the team, please contact Rev. Dean or Patricia.

### YOUTH ED MINISTRY VISIONING TEAM

At this point, we have three people who have volunteered to help on this team. Anybody who wishes to join is invited to contact Rev. Dean or Byron Gaskins, Y E. Director.

### ENVIRONMENTAL TEAM

We have three members on our Green Team: Pam Kaufman, Gina Howell and Holly Johnson. If you would like to be a part of this team please see any of the above.

### BIRTHDAY CAKE DONORS WANTED

We are looking for two volunteers per month to share the responsibility of providing birthday cakes for our birthday celebrations each month. Please call the church at 309-762-1066 or place your name on the sign-up sheet in the Unity Café.

### DAILY WORD DISTRIBUTION TEAM

Jeanie Gamer is taking over this team that takes older Daily Word magazines and distributes them to Nursing Homes, doctor's offices, bus stations and other locations where they can be reused. There is a box in the narthex for you to drop off your gently used Daily Word magazines. The Team will be taking them out sometime this month. Please contact Rev. Dean or Jeanie if you would like to help.

### NURSERY VOLUNTEERS NEEDED

Our nursery project is finished. We are looking for volunteers to help run it when we have babies at the services.

### KITCHEN ANGEL TEAM

We are looking for people to serve on a Kitchen Angel Team to help care for our Unity Café during and after special events. Persons interested should see any Board member.

### PRAYER TEAM

**Prayer Requests:** Call the church office at 309-762-1066 or Pat McLaughlin (309) 269-4213 or Alice Rice, LUT (309) 788-1200. We invite you to visit or join our Prayer Team which meets the first Tuesday of every month at 5:30 PM at the church.

We have several opportunities for members and friends of Unity to pray with us during the week!

**Nooners Prayer Group** The Prayer Team prays for Peace for the world at noon every day. We are using "Prayer for Peace," which is located on the back of the Sunday Bulletin or you can obtain a copy by contacting any Prayer Team Member.

**The Niners Prayer Group** The Prayer Team prays for the church at 9 a.m. and 9 p.m. daily wherever they are at those times. We have a prayer sheet readily available.

## VOLUNTEER OF THE MONTH

Our Volunteer of the Month is **HOLLY JOHNSON!!** Holly took the leadership of creating a garden for our church and its members this spring and we had a lot of tomatoes, green peppers, cucumbers, various types of lettuce and other fresh veggies for our potlucks and our meals at home!! **MANY THANKS, HOLLY!!**

## Calendar: October Activities

**October 1 & 2...** Annual Prayer Team Retreat at Our Lady of the Prairie in Wheatland, Iowa. The retreat is being coordinated by Trish Hepner. Please call the church or contact Trish if you would like to join us.

**October 3, 17 and 31... Choir Practice: - 9 AM**  
**Sunday Cinema 9:45 until 10:45**  
We are showing the movie, "The Dalai Lama Renaissance"

**October 5... Potluck Sunday: Theme CHILI COOK OFF**  
**GUEST MUSICIAN: Sharon Bousquet** and her group, BEAUCOUP SHAKTI will provide special music for our Sunday Service and will entertain us with a concert at 1 PM in the afternoon, "HOW SPIRIT SINGS." Love Offering Basis.

**October. 7, 14. 21 and 28...**  
Rev. Dean leads a Silent Unity Prayer Service using the monthly Silent Unity Prayer sheets, at the church. You are also invited to join Rev. Dean or pray wherever you are!

**October 12... Board Meeting - 6:30 – 8:00 PM**

**October 13... The Creative Process Class**  
**6:30 – 8:30 PM**

**October 14... THURSDAY MEDITATION GROUP**  
Meets from 3:30 until 4:30 PM; ALL are invited to join us!!

**October 22 and 23... Spiritual Cinema Weekend 6:45 PM**  
– "*THE CELESTINE PROPHECY*" from the book by the same name by JAMES REDFIELD.

**October 24... GUEST SPEAKER AND "PLAYSHOP"**  
**DREAMING BEAR** will speak at our Sunday Service at 10:30AM and present a special "Playshop" at 1:00PM.

**October 31... Bake Sale**  
All Unity cooks are invited to bring home-prepared items to sell. All income will be set aside for purchasing audio-visual equipment for the church. Thank You, God!!

## OCTOBER BIRTHDAYS

Denise Berry-Gipe	October 30
Jack Ekblad	October 11
Andrea Gilman-Vallejo	October 17
Elaine Hall	October 10
John Manspeaker	October 17
Jeff Rice	October 31
Dale Rowse	October 7
Helen Shoulders	October 20
Becky Williams	October 29

## BOOK REVIEW

### ***SELF-NURTURE***

*Learning to Care for Yourself as Effectively as You Care  
for Everyone Else*

By Alice D. Domar, PhD

When we were children we asked for what we wanted like someone to play with or to read to us. As we got older we stopped asking for what we needed or wanted.

What do women really need? Women need to learn how to nurture themselves, shower as much loving kindness on themselves as they do to their loved ones, and stop feeling guilty when they can't do it all. Women think they don't have time or their families wouldn't accept them taking time for themselves. **SELF-NURTURE** is not being selfish. It's about self-care, inner worthiness, and beginning to blossom.

Does this sound familiar? Are you ready to love yourself; nurture your body, mind, emotions, self-spirit; to go beyond grief and anger; and become a better wife, mother, and friend? When we take time for ourselves, we are then better able to care for others.

The book includes many practical techniques for self-nurturing including meditation practices, yoga mini-relaxations, and prayers and affirmations to help work through any problem. A must read for women of all ages!

**Fran Tuttle**, Reviewer

**Note: SELF-NURTURE is available in our lending library.**



## INSPIRATION

### **Immersed**

John D. Engle Jr.

Immersed in infinite energy and love,  
I'm part of the eternal flow of things.  
No matter when or where or how I move,  
whether on earth with wheels  
or in air with wings,  
I am a part of everything that is,  
all that has been or will ever be.  
Designed by the dreams of all divinities,  
all beauty and all Truth are mixed in me.  
Knowing this, I shed my shell of doubt,  
till free in the freedom of the Mystic Mind  
and linked to laws of love, I go about  
fulfilling that for which I was designed,  
which is to sing myself and try to share  
the loveliness of which I am aware.

### **Still Silence**

Rebecca Lynn Gregory

Still silence calms the depths of me.  
It sets my heart and spirit free,  
and lights those paths which I thought gray  
and misted as a gloomy day.  
Within this deepest silence lie  
the how and when, the where, the why,  
and all the many answers sought  
by years of forced and twisted thought.  
The silence is my stillness—peace—  
a fragrant, velvet-soft release;  
a place within which I might touch  
whene'er the world becomes too much.

# Friends of Unity QC

## **Unity Center of Clinton**

Rev. Sue Peters  
(563)243-3561.  
Rev. Sue Peters conducts services Sunday mornings at 10:45 a.m. Classes are held on Thursday night at 6:30 p.m. For movies and other events, please call Sue or Check out the website:  
<http://www.unityclintoniowa.org>

## **A Course in Miracles**

Mary Louise Hamilton,  
(563) 355-8135 Mary Louise facilitates a Course in Miracles class in her home in Bettendorf every first and third Sunday of the month at 3:30 p.m. You are invited to call Mary Louise to learn about joining the class.

## **IONS-QC Events**

For information, call Christine at IONSQC@aol.com or 563-332-7259. [www.noetic.org](http://www.noetic.org)  
On Thursday, Please mark you calendars for 6:30 pm on Thursday June 10 at the Bettendorf Library, for our IONSQC program you will find especially meaningful.

**Thursday, October 14, 6:30pm**

**Denise Poole**

**"The New Stone Age:  
Earth Mother's Soliloquy"**

**Thursday, November 11, 6:30pm**

**Dr. Alta Price**

**"Symbols of an Alien Sky"**

**Thursday, December 10, 6:30pm**

**Di Mayberry**

**"Tuning In"**

**NOTE: All meetings are at the Bettendorf Public Library.**

Listening on cable and the radio, check out [www.unity.fm](http://www.unity.fm) on your TV for a variety of programs to feed your soul and learn practical ways to use your gifts. Favorites are: MetaRomp with Rev. Dr. Paul Hasselbeck; PosiPalooza with Rev. Dr. Paul Hasselbeck. The website also offers programs on topics such as: Spiritual Growth, Book Discussions, Biblical Power for your Life, and The Leading Edge with interviews with today's premier spiritual guides. Alice Rice, LUT