



Dear Friends!

Here we are in MARCH!! This is the month of the Power of STRENGTH! But for us in Unity, it is not necessarily the kind of strength that weight lifters possess or foot ball players (although it CAN be, but we see it more as “freedom from weakness, stability of character, power to withstand temptation and capacity to accomplish”.

It is the strength of God expressing through us, and our ability to complete our tasks. As a matter of fact, my favorite “bible verse”, HANGETH IN THERE is an activity that depends on the degree to which we have developed our STRENGTH. As with all of our other powers, we already have all of the strength of God in us that we will ever need, but it

is a matter of developing it from within us.

Steps to activate our STRENGTH include:

1. KNOW that we have it. Affirm often, “I AM STRONG IN THE LORD!”
2. NEVER say, “I can’t do it!!” but ALWAYS know that “...WITH GOD, ALL THINGS ARE POSSIBLE!!” (Matthew 19:25)
3. Read Isaiah 40:31 often. *“But those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.”*
4. In all conditions and situations, ALWAYS know, “GOD IN ME IS MY STRENGTH!”

Our affirmation for March, then, could be:

“WITH GOD AS MY SOURCE, I NOW HAVE ALL OF THE STRENGTH IN ME THAT I WILL EVER NEED! THANK YOU, GOD!!

March is also the month when spring returns!! I don’t know about you, but I AM READY! It seems to me like winter has been unusually long this year. But, as I write this, I have seen robins at least three times so far, so it MUST be true, SPRING IS ON THE WAY!!

As we commit ourselves to developing our Inner Strength, I KNOW that we can make this the very best spring ever!!

Love and Blessings to ALL!!

Rev. Dean

REMEMBER, Daylight Savings Time – Sunday March, 13

UNITY NEWS & EVENTS

HEALING ARTS DISCUSSION

We are continuing to invite healing arts professionals to speak to the congregation after church on Sundays when time is available. If you or someone you know would like to share their specialty, please let us know.

Sunday Morning Cinema will be on hiatus during February and March. Instead we will be holding an Open Discussion on Unity Principles from 9:45 until 10:15 AM on the 1st, 3rd and 5th Sundays. You are welcome to join us.

Sunday Morning Meditation Our Sunday Meditation program meets throughout the year on the 2nd and 4th Sundays of the month from 9:45 until 10:15. No experience in meditation or ongoing commitment is required to participate. Those who wish to lead one or more of the sessions are welcome to contact me. Everyone is welcome! Alice Rice, Coordinator

UNITY DRUM CIRCLE

Our Sound Circle is changing its name to the Unity DRUM Circle. Our DRUM CIRCLE group is meeting each second Saturday of the month at 1 PM. All friends and members of Unity are invited to join us. It is GREAT fun!! You are welcome to bring any drum or other percussion instruments and join us! Jeanie Gamer is the leader! Please help pass the word! And join us!

ATTENTION ASPIRING MUSICIANS

Are you an aspiring musician? Do you refer to yourself as "fiddling" with an instrument? Do you wish you had support or more time to practice? We see a group of aspiring musicians meeting at least once per month to encourage each other and play short tunes purely for our own enjoyment. Interested? Contact Patricia Mooney, 563-322-1617, cell 563-209-0500, e-mail: patriciajmooney@netzero.net

We see a group of 3-5 musicians playing for our Sunday services. Who are they? Affirmative prayer is needed. Patricia Mooney.

UNITY Blood Bank Donations

You can donate blood at the Mississippi Valley Blood Bank, 19th Street and 38th Avenue in Moline and give Unity community service credit for your donation. We bless and thank **everyone** who donated blood in February in Unity's Name.

I Wish There Was a Group ...

We invite our friends and members to give prayerful consideration to using our facility to host groups in line with your interests and in harmony with our mission: "We are a spiritual beacon radiating light and awakening the consciousness of joyful living." Ideas for groups include: Artist Circles (painting, jewelry making, knitting/crocheting, culinary classes, and the like) Writer's Circle; Literary Circle/Book Club; Story Circle; Gardener's Circle; Nature Lover's Circle (hiking, walking trails, cycling, and the like). If you have been thinking it would be wonderful to share your interest in a group setting, Call Rev. Dean at 309-762-1066 or email at unityqc@aol.com.

Spiritual Cinema Weekend "The Matrix"

**March 18 and 19, 2011
6:45 PM**

Morpheus: "You know something. What you know you can't explain. But you feel it. You felt it your entire life. Something's wrong with the world. You don't know what but it's there like a splinter in your mind driving you mad....Have you ever had a dream...that you were so sure was real? What if you were unable to wake from that dream? How would you know the difference between the dream world and the real world?"

Join us for a **spiritual discussion of this popular movie. We will look for the spiritual truths being shared here.**

WARNING: There is violence and language in this movie that may offend. We ask you to look past this for the deeper spiritual truths.

SAINT PATRICK'S DAY CONCERT March 13 at 1:00 PM



Join us for a musical St. Patrick's Day tribute. Our Music Director, Patricia Mooney, will sing some favorites and will lead us in an Irish song-fest starting at 1:00 PM. Between the 10:30 AM service and the concert, we will have a St. Patrick's Day Potluck.

Meditation Practices Class

Wednesday Evenings from 6:00 – 8:00 PM

March 2, 9, 16, 23, & 30

Alice Rice, LUT



Join Alice Rice, LUT for this 5-week class exploring the evolution and practice of meditation based on the book, *Meditation for Dummies* CD Edition by Stephan Bodian. The class begins by defining meditation and identifying the role a consistent meditation practice plays in achieving

peace of mind, a greater sense of well-being, and overall happiness. Students will have the opportunity to explore and experience different meditation traditions and techniques such as Buddhism, Indian tantric, Christian, Judaism, Sufi.

Students will explore Unity's fundamental teachings and experience practicing the Silence as part of the prayer and meditation process that is essential for the development of spiritual growth and understanding.

During this class the main focus will be placed on the meditation process and the importance of awareness. Meditation will be defined and practiced in various ways. Benefits of this process will be explained and different methods to deal with resistance to it as well as initiating a regular practice of it will be approached. Check our website, call or email the church for more information or to register for the class. The class is offered on a Love Offering Basis.



Unity

A Positive Path for Spiritual Living

5102 47th Avenue, Moline, IL

(309) 762-1066 ■ www.unityqc.org

Book Review

A COURSE IN WEIGHT LOSS

21 Spiritual Lessons for Surrendering Your Weight Forever

by Marianne Williamson

If it isn't enough that Marianne Williamson (founder of Project Angelfood in Los Angeles and author of *A Return to Love*) wrote this book, add the fact that she originally wrote it as a series of letters to Oprah Winfrey as encouragement in Oprah's weight loss program. Then these two dynamic women shared it with the rest of us.

"You are here to love and be loved, and the soul in its native intelligence knows this. Accept the magnitude of your function, and your reignited spiritual intelligence will spark your body's intelligence as well. As your mind remembers its natural function, the cells of your body will remember theirs. You will no longer be at the effect of your compulsion. You will become a master at living your life."

Course in Miracles students will recognize course principles at work immediately. Those not familiar with *The Course* will recognize early on that the principles being taught apply to any desired change in our lives. For example: weight loss, becoming a vegetarian, improving or finding a relationship, changing careers, and more.

The 21 lessons are designed to be done one per day for 21 days in order to build a new habit. Some of the exercises included with each lesson may take longer than one day depending on how ingrained the old beliefs and patterns are in your psyche.

Each chapter has a lesson, a practical exercise, and a meditation. Each takes the next small step to remembering who you really are and breaking the old blocks to that awareness.

Here are some of my personal favorite chapters with personal comments:

Chapter 1. Tearing Down the Wall – Body fat is a physical manifestation of a wall separating me from my divine identity. It is also a form of self-hatred (violence).

Chapter 4. Invoke your True Self – I have developed a body of pain and now I will find my body of joy.

Chapter 5. Start a Love Affair With Food – I am preparing myself to receive my good.

Chapter 8. Surrender to the Divine – I admit I need help.

Chapter 14. Allow the Pain – Honor sorrow and release it instead of storing it as fat.

Chapter 19. Birthing Who You Really Are – I can visualize my true self with feeling.

The Course says that we can have error thoughts so ingrained that they become our identity. Letting them go means changing who we believe we are. Feeling and seeing ourselves as "overweight" is a form of violence. I can use this book and *The Course* to choose peace.

Patricia Mooney
Perfect Child of God

NOTE: We will be scheduling a class where we can get together to work with the techniques in this book. Please see Alice Rice, Patricia Mooney, or Rev. Dean if you would like to join us.

Calendar: March Activities

March 1... 5:30 PM Our Prayer Team regular monthly meeting. Please contact Pat McLaughlin

March 6... February Potluck after our 10:30 AM service

March 6 and 20... 9:00 AM Choir Practice
9:45 - 10:15 AM Sunday Inspiration

March 13 and 27... 9:45 - 10:45 AM Sunday Meditation

March 13 ... Potluck and 1 PM St. Patrick's Day Concert

March 13 ... BIRTHDAY SUNDAY
We will honor all persons with March birthdays

March 1, 8, 15 and 22... 11 AM and 12:15 PM Rev. Dean leads a Silent Unity Prayer Service using the monthly Silent Unity Prayer sheets, at the church. You are invited to join Rev. Dean or pray wherever you are!

March 8... 6:30 – 8:00 PM Board Meeting

March 2-30... 6:00 – 8:00 PM "MEDITATION PRACTICES" class with Alice Rice, LUT

March 10... 3:30 until 4:30 PM
THURSDAY MEDITATION GROUP
 ALL are invited to join us!!

March 11... 6:30 - 8 PM GAME NIGHT
Scrabble, Monopoly, etc.

March 18 AND 19... 6:45 PM Spiritual Cinema
Movie: "THE MATRIX" - See the separate article.

March 27... After Church - Lunch Bunch

March 27... Bake Sale
 All Unity cooks are invited to bring home-prepared items to sell. All income will be set aside for purchasing audio-visual equipment for the church. Thank You, God!!

March Birthdays

Rob Berthoud	March 7
Judee Carlson	March 28
Janet Cutler	March 6
Joan Herman	March 8
Joann Hill	March 30
Sherri Krogman	March 25
Meghanne LeBlanc	March 29
Bill Lucas	March 14
Patricia Mooney	March 24
Audrey Rowse	March 8
Janet Wisely	March 19

Inspiration

TAKE MY HAND By Fran Tuttle

Take my hand and walk with me, where angels fly
 In that rarified atmosphere of God's Divine Kingdom.
 That atmosphere is filled with angels that are
 God's thought passing to man.
 These thought are always filled with
 Love, life, light and laughter.
 But whether man picks up on them
 Is the choice of man.
 He might not listen at all.
 He might listen but not accept the thoughts.
 And the again, he might listen, accept those thoughts
 And then his world would b a more harmonious
 And happy place for him. These thoughts are always there,
 For anyone who tunes into God.
 So, join me in listening, accepting and utilizing
 God's thought, his angels, to man.
 LISTEN CHILDREN, TO A FATHER'S INSTRUCTION
 AND BE ATTENTIVE, THAT YOU MAY GAIN INSIGHT.
 PROVERBS 4:1
 Blessings to all

MARCH SOCIAL ACTIVITIES

This is a list of the tentative activities during MARCH. ALL members and Friends of Unity are invited to join us. For more information and/or to express interest please contact the person listed.

Date	Event	Contact
March 5	1-5 PM - "Day of the Woman" Open House at Dot's Pots, 2822 16 th Street, Moline. Free admission, refreshments served. You can bring one or two cut flowers to exchange.	Sandi Conrad (928)210-5360
March 11	6-8 PM Game Night at Unity	Pat McLaughlin 309-721-0444
March 18	6:30-11 PM Quad Cities Singles Dance Viking Club, Moline, IL Admission \$12 advance tickets \$15 at the door. See Sandi for advance tickets	Sandi Conrad (928)210-5360
March 19	6:30-9:30 PM Flat Top (Two QC groups with great voices!) at Huckleberries Pizza, Rock Island, IL	Sandi Conrad (928)210-5360
March 26	7-11PM Col Ballroom GTO Concert/Dance Advance Tickets \$12.50 at Hy-Vee; \$15.00 at the door. Get there EARLY for parking!	Sandi Conrad (928)210-5360
March 27	Lunch Bunch – Out for lunch after the service.	Rev. Dean 309-762-1066

General Information and Business

Newsletter Information

Editor in Chief: Rev. Dean Van Wie-(309) 762-1066

Assistant Editor Alice Rice, LUT

Ad Rates

\$25 / 1 month

\$110 / 6 months

\$200 / 1 year

Next deadline for submissions:

April 15, 2010

Submission Guidelines:

Please e-mail information on or before the deadline to:

UNITYQC@aol.com.

Newsletter Online: <http://www.unityqc.org>

Church Office Hours:

Rev. Dean is available:

Monday –Thursday

11 a.m. until 1 p.m. and 2:30 until 5 p.m.

(309) 762-1066

Spiritual Counseling:

Spiritual counseling with Rev. Dean Van Wie is available by appointment.

Inspiration Line

Our 24 hour Inspiration Line is available any time day or night. Call 309-762-1066 and press “3” when prompted to listen to an inspirational message.

Prayer Requests

You may request prayer support by calling Rev. Dean at the church, a Prayer Team member or by placing a written, confidential prayer request in the prayer box in the sanctuary. Mark the box next to “Let the Prayer Team know right away” for special prayers.

VISION STATEMENT

We are a spiritual beacon, radiating light and awakening the consciousness of joyful living.

MISSION STATEMENT

We are a loving, vibrant, spiritual community with a positive influence on the world: providing opportunities that promote Spiritual awareness and healing for all: expressing joy through generosity, commitment and service: demonstrating Unity principles through faith and prayer: and promoting Oneness with all creation.

CORE VALUES

Our Core Values honor:

Being Christ-focused and Spirit led

Using the power of prayer and meditation

Serving our members and extended community

Expressing abundance consciousness

Nurturing the spiritual evolution of children of all ages and conditions

Maintaining our sacred space

Promoting Truth principles through education and outreach

Recognizing the beauty and Oneness of all life

Affirming the healing and liberating power of Christ consciousness

Acting in integrity in thought, word and deed

Board News

1. We still have our pews listed on Craig’s List. No calls yet. We are asking \$250 each.
2. Our Gently Used Daily Word Team is continuing their plan to take old Daily Words around to doctor’s offices, hospitals, nursing homes, laundromats, etc. We started by taking them to Trinity Hospital West in Rock Island. If YOU want to help, please see Jeanie Gamer or any Board Member.
3. We are looking for people to serve on a Kitchen Angel Team to help care for our Unity Café during and after special events. Persons interested should see any Board member. Pam Kaufmann, Holly Johnson, Sue Collins, Blanche Jacobs and several others are doing the work and we LOVE. BLESS and APPRECIATE you all!
4. We are inviting members of our congregation to help serve our ministry by helping with the Youth Education Department. Please see Rev. Dean if you have any interest in this.
5. The next Board meeting is scheduled for Tuesday, March 8. Please see any Board member if you have information to be discussed.
6. Our LUNCH BUNCH is going out to dinner after service on March 27. YOU are invited to join us!!

Automatic Withdrawal for Tithes, Love Offerings and

Contributions Is Available: We have created an automatic withdrawal system for making contributions to our church. It is very easy to set up. Please see our website, any Board Member, or Rev. Dean if you would like more information.

CHURCH GOALS

We thank God for completion of the following activities.

Income continues to increase

Weekly attendance to Sunday Services continues to increase

Two additional teachers and two helpers in our Youth Ministry who are blessed for and by the work they do

Resources and people are manifest for the music ministry

CHURCH GOAL STATEMENT

WE SEE GOD’S PLAN OF HARMONY, PROSPERITY, AND PEACE APPEARING NOW FOR OUR CHURCH, OUR BOARD OF TRUSTEES, OUR MEMBERSHIP AND FOR ALL WHO ENTER OUR DOORS.

PROSPERITY REPORT

In January, the church took in revenue of \$4,712.70 and spent \$5,144.78, for a net loss of \$432.08. Year to date there have been no capital improvements. Love Offerings totaled \$3,003.20 in January. Bank account balances, including deposits in transit and outstanding checks, were \$654.08 at the beginning of January and \$202.00 at the end of January, a net decrease of \$432.08, reflecting the net operating loss mentioned above.

JANUARY PROSPERITY REPORT

Income	\$4,712.70
Expenses	\$5,144.78
2010 Income to Date	\$4,712.70
2010 Expenses to Date	\$5,144.78

Volunteer Opportunities

MUSIC MINISTRY VISIONING TEAM

Patricia Mooney is the leader of this team that has 8 volunteers plus Rev. Dean. If you would like to be a part of the team, please contact Rev. Dean or Patricia. They meet the 3rd Sunday of each month, after service.

YOUTH ED MINISTRY VISIONING TEAM

We are now getting our Youth Education Team re-established. If you want to help, please call or see Rev. Dean

ENVIRONMENTAL TEAM

We have two members on our Green Team: Pam Kaufman, and Holly Johnson. If you would like to be a part of this team please talk with them.

BIRTHDAY CAKE DONORS WANTED

We are looking for two volunteers per month to share the responsibility of providing birthday cakes for our birthday celebrations each month. Please call the church at 309-762-1066 or place your name on the sign-up sheet in the Unity Café.

DAILY WORD DISTRIBUTION TEAM

Jeanie Gamer is taking over this team that takes older Daily Word magazines and distributes them to Nursing Homes, doctor's offices, bus stations and other locations where they can be reused. There is a box in the narthex for you to drop off your gently used Daily Word magazines. The Team will be taking them out sometime this month. Please contact Rev. Dean or Jeanie if you would like to help.

YOUTH TEACHERS AND NURSERY VOLUNTEERS NEEDED

We are looking for volunteers to be available to help staff our nursery when parents with babies come to our services.

PRAYER TEAM

Prayer Requests: Call the church office at 309-762-1066 or Pat McLaughlin (309) 269-4213 or Alice Rice, LUT (309) 788-1200. We invite you to visit or join our Prayer Team which meets the first Tuesday of every month at 5:30 PM at the church.

We have several opportunities for members and friends of Unity to pray with us during the week!

Nooners Prayer Group The Prayer Team prays for Peace for the world at noon every day. We are using "Prayer for Peace," which is located on the back of the Sunday Bulletin or you can obtain a copy by contacting any Prayer Team Member.

The Niners Prayer Group The Prayer Team prays for the church at 9 a.m. and 9 p.m. daily wherever they are at those times. We have a prayer sheet readily available.

VOLUNTEER OF THE MONTH

Our Volunteer of the Month is JEANIE GAMER!
Jeanie is our treasurer and counts the income each Sunday and completes toe forms for our records and the Bank Deposits.

She prepares our Treasurer's report each month and helps the Board keep in charge of our finances!! **MANY MANY THANKS JEANIE!!**

MUSIC! MUSIC! MUSIC!

Music Visioning Team Meeting on 3rd Sunday of the Month after service. Please come for a hug and musical visioning discussion or, Ideas, Imaginings and Visions can be submitted by phone (563-322-1617) or e-mail (patriciajmooney@netzero.net).

WANTED... Jazz Pianist or Other Instrumentalist
Are you a jazz musician at heart? Do you know someone who is? We see a jazz musician from the Quad Cities area coming to play at Unity in the near future. Who is this musician? Your affirmative prayer is needed and if you are led to come forward or put forward a name, please do.
Patricia, Music for the Soul Facilitator, Perfect Child of God, 563-322-1617, patriciajmooney@netzero.net

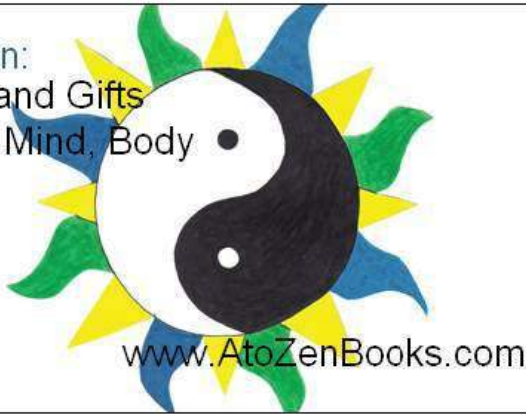
WANTED... Easter Musicians
Easter is next month, April 24th. We see special music from the congregation or Quad Cities area. A singer or singers, an instrumentalist, a dancer? Who is performing this special music?

Your affirmative prayer is appreciated!

Patricia Mooney, Music for the Soul Facilitator,
Perfect Child of God, 563-322-1617,
patriciajmooney@netzero.net

Friends of Unity QC

A to Zen:
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ION'S
OF QUAD CITIES
Meets ever second Thursday at the Bettendorf Public
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Please join us!!

6:30 PM



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Non-Unity Materials and Activities

The primary focus of Unity and the Association of Unity Churches remains and will remain the teaching, living and advancing of Unity's philosophy, which is practical Christianity as understood by Charles and Myrtle Fillmore, cofounders of Unity. Unity Church of Christianity allows a variety of non-Unity books, courses and philosophies to be taught in our facility and we allow non-Unity groups to use our facility. Unity looks for the good in all philosophies and each person is encouraged to study what he/she chooses, according to his/her highest understanding of truth. However, Unity's open-mindedness should not be understood as an endorsement or as a Unity teaching. Unity Church of Christianity is committed to promoting Unity's principles first.



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COMMERCIAL SPACE AVAILABLE DOWNTOWN DAVENPORT

Space 1 3300 Square Feet \$1200/month

Space 2 1450 Square Feet \$ 800 /month

Contact Ron Bellomy

563-370-1123

Unity Center of Clinton

Rev. Sue Peters

(563)243-3561.

Rev. Sue Peters conducts services Sunday mornings at 10:45 a.m. Classes are held on Thursday night at 6:30 p.m. For movies and other events, please call Sue or Check out the website:

<http://www.unityclintoniowa.org>

A Course in Miracles

Mary Louise Hamilton,

(563) 355-8135 Mary Louise facilitates

a Course in Miracles class in her home in Bettendorf every first and third Sunday of the month at 3:30 p.m.

You are invited to call Mary Louise to learn about joining the class.

AFRAID OF PUBLIC SPEAKING?

Manage your Fear

Improve your verbal and non-verbal delivery

Organize and deliver dynamic presentations

Call Enjle Elukhanyeni (Mr. E.)

for details!

(563) 726-0686



If you are tired of the negative programming on cable and the radio, check out www.unity.fm on your computer. You will find a wide variety of programs to feed your soul and learn practical ways to use metaphysical teachings. Some of my favorites are: MetaRomp with Rev. Dr. Paul Hasselbeck; PosiPalooza music that matters with Richard Mekdeci. The website also offers programs on topics such as: Spiritual Parenting, using spirituality in business, book discussions, Biblical Power for your Life, and The Leading Edge with Mindy Audlin featuring interviews with today's premier spiritual guides. Alice Rice, LUT